



CAPITAL ATHLETIC CONFERENCE PRESS RELEASE

2007 Capital Athletic Conference Women's Lacrosse All-Conference Team

ST. MARY'S CITY, MD - The University of Mary Washington, the 2007 Capital Athletic Conference (CAC) tournament runner-up put a total of six players on the women's lacrosse All-CAC team as released today by the conference office. The Eagles had four players selected to the first team and two selections on the second team. Salisbury University, the five-time defending conference champion, placed five players total on the all-conference team. The Sea Gulls had three first team honorees and two second team selections. Both St. Mary's (Md.) and Goucher had four players named to the team. Catholic freshman midfielder Kate Robinson was chosen as the Rookie of the Year while Salisbury junior attacker Sue Ackermann was selected as the Player of the Year. After leading his team to a current overall record of 18-1 and fifth consecutive CAC title, head coach Jim Nestor of Salisbury was chosen by his peers as the 2007 CAC Coach of the Year.

First Team

Attack

Sue Ackermann - Jr. - Salisbury
Kaitlyn Barker - Sr. - Mary Washington
Emily Blatter - Jr. - Goucher

Midfielders

Lauren Carrier - So. - St. Mary's (Md.)
Kate Knitter - Jr. - Goucher
Meaghan O'Leary - Sr. - Mary Washington
Katie Simmons - Sr. - Salisbury

Defenders

Kate Lyons - Sr. - Mary Washington
Caitlin O'Neill - Jr. - Catholic
Kelly Phillips - Jr. - Salisbury

Goalkeeper

Meredith Deitrick - Jr. - Mary Washington
Janna Kaufman - Sr. - Goucher

Second Team

Attack

Caitlin Erickson - Jr. - Mary Washington
Stephanie Shores - Sr. - Salisbury
Meghan Smith - Fr. - Villa Julie
Brianna Yapps - Jr. - York (Pa.)

Midfielders

Jaclyn Girsh - Sr. - York (Pa.)
Ani Khatchatourian - Sr. - Salisbury
Kate Robinson - Fr. - Catholic

Defenders

Karisa Carroll - Fr. - St. Mary's (Md.)
Stephanie Hearn - Sr. - Mary Washington
Freddie Newman-Blount - Sr. - Goucher
Elizabeth Northfield - Jr. - St. Mary's (Md.)

Goalkeeper

Melissa Puzak - Sr. - St. Mary's (Md.)

2007 CAC Rookie of the Year:
2007 CAC Player of the Year:
2007 CAC Coach of the Year:

Kate Robinson, Catholic
Sue Ackermann, Salisbury
Jim Nestor, Salisbury